

# LONG SUTTON AND LONG LOAD NEWSLETTER – March 2021

Visit the official Website: [www.longsutton.org.uk](http://www.longsutton.org.uk)

Email: [lsnewsletter@btinternet.com](mailto:lsnewsletter@btinternet.com)

## Church Services

Although the Church is closed for services during this period of lockdown, it is open for anyone who would like somewhere peaceful and quiet, to sit and think and pray. The days and times of opening are Wednesdays and Sundays from 12 noon until 4pm. Please sanitise your hands on entry, place a card where you have sat, and sanitise again when you leave.

Services continue to be held via Zoom on Sunday and Wednesday mornings – you are welcome to join us. On Sundays you can even sing to your hearts content (so long as you've set yourself to 'mute') in the relaxation of your own homes. On Wednesday we follow the Morning Prayer service comprising of readings and prayers. Please contact Sue Creegan (241-554 or [suecreegan@outlook.com](mailto:suecreegan@outlook.com)) if you would like the Zoom details for joining in. You are very welcome.

## Help with Shopping / Prescriptions / Dog Walking / Chatting / anything?

The volunteer support group, set up last year by the WI and PCC, is still running and a number of volunteers are registered who are happy to help with various tasks. Please call Sue (241-554 or [suecreegan@outlook.com](mailto:suecreegan@outlook.com)) if you would like some assistance.

Some people might just want someone to talk to occasionally – we have volunteers who are happy to spend some time on the phone and have a chat with you - just let us know.

Others might be missing Revd Jane Twitty as someone to talk and pray with. We are very grateful to Revd Wendy Griffith, a retired vicar who lives in the Village who is an experienced listener and can be contacted on 01458 241 771 to talk in confidence.

## Long Sutton WI

As lockdown rolls on, the W.I. committee thinks that our members' health and well-being will benefit from a little pampering! So at the next Zoom meeting the guest speaker Lana Walker will guide us through a head, shoulders, face & neck massage.

If you would like to join us for this experience on Thursday March 18th at 7.30pm please telephone either of our presidents for details.

Caroline 01458 24115

Jane 01458 241237

## Another Entertaining Talk

Please mark your calendars for the evening of **Friday 26th February**, when Graham Stoddart-Stones will be enlivening your lives with another presentation on behalf of Holy Trinity Church. For a just £5 (please email [gcstones52@gmail.com](mailto:gcstones52@gmail.com) for Zoom invitation and payment details), you will be able to hear about "**The World Game**", played for decades around the world to see what people really want for themselves, their families, their countries and the planet. Have your wine and cheese ready for the **Zoom session at 7.30pm**.

## Note from the Parish Council

As we are still COVID restrictions it is great to see residents taking plenty of exercise utilising the village's extensive footpath network. However, please keep to the 2m footpath (even if it is muddy) and do not walk into the farmer's field and respect the styles and gates along the routes

Furthermore, when out and about around the village please do not drop litter and for the dog owners PLEASE dispose of the dog excrement and not leave it on a footpath or pavement.

The Parish Council is aware that some styles need attention and will address this issue when the weather has improved in the spring.

## Are you fed-up with doing the same old walks?

Walking in Somerset

[www.walkinginengland.co.uk/somerset](http://www.walkinginengland.co.uk/somerset) is the website for you!

With hundreds of walks to download and print, free, it also has books of walks, contact details for all the walking groups in the county and much more. Whether you want to walk on your own or with a group all the information is there in one place.

John said 'There is so much walking information on the web but it is difficult to find. Walking in Somerset (part of the Walking in England suite of websites ([www.walkinginengland.co.uk](http://www.walkinginengland.co.uk)) – one for each county in England) has brought it together in one place so whether you are walking from home, or away on holiday, you will be able to find a walk suitable for you'.

With walks from half a mile to twelve miles plus long, and a note of suitability for pushchairs and wheelchairs, everyone can find a walk to enjoy.

So home or away, check out the websites and get walking!

John Harris

[www.walkinginengland.co.uk](http://www.walkinginengland.co.uk)

email: [john@walkinginengland.co.uk](mailto:john@walkinginengland.co.uk)

## And finally

Julie Jordan & family would like to thank Valerie, Sue, Tim & Heather for their patience, & amazing support while they were arranging Martin's funeral. Thank you to all their local friends who attended the funeral & others who waited outside. They have been given peace & strength by your prayers, letters, cards & meals, & are overwhelmed by your great kindness to them.

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# LONG LOAD

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### **Martock & District u3a.**

Monthly online talks have recently been enjoyed by members of Martock & District u3a. Topics covered so far have been as diverse as Viruses and the work of service dogs in supporting veterans with PTSD. In conjunction with Chard & Ilminster u3a, members have also accessed talks on the humour of the picture postcard and the experiences of the speaker in working between Barrow in Furness and Baghdad. More online talks are planned for forthcoming months until such time as lockdown restrictions ease. There are also monthly social online meetings which provide opportunities to chat, share information and forge links. Some of our 30+ interest groups continue to meet online. These include Philosophy, French, German, Ukulele and Recorders. Information regarding membership is available from the Membership Secretary on [martocku3amembership@gmail.com](mailto:martocku3amembership@gmail.com) or 07510178094. Membership is open to anyone no longer in full-time employment.



4Family delivers a family support programme offering help to struggling families so that they can regain control over their own lives and feel empowered and equipped to move forward.

We offer the support of a Family Link Workers who are the families' voice amongst the agencies, but also, each family is offered a **Volunteer Mentor who plays a crucial role.**

Be part of a fantastic family mentoring programme which carefully matches mentors with a family living within South Somerset. For more information about becoming a Y4F mentor contact Andrew:

Email: [andrew.dunningham@yeovil4family.org.uk](mailto:andrew.dunningham@yeovil4family.org.uk)

Tel: 07970 952653

Website: [www.yeovilcommunitychurch.co.uk/yeovil-4-family/](http://www.yeovilcommunitychurch.co.uk/yeovil-4-family/)

*During lockdown we will still try to publish a monthly newsletter. Please send your contributions to [lsnewsletter@btinternet.com](mailto:lsnewsletter@btinternet.com) **by the 20<sup>th</sup> of the month.** For more information call 01458 241450*